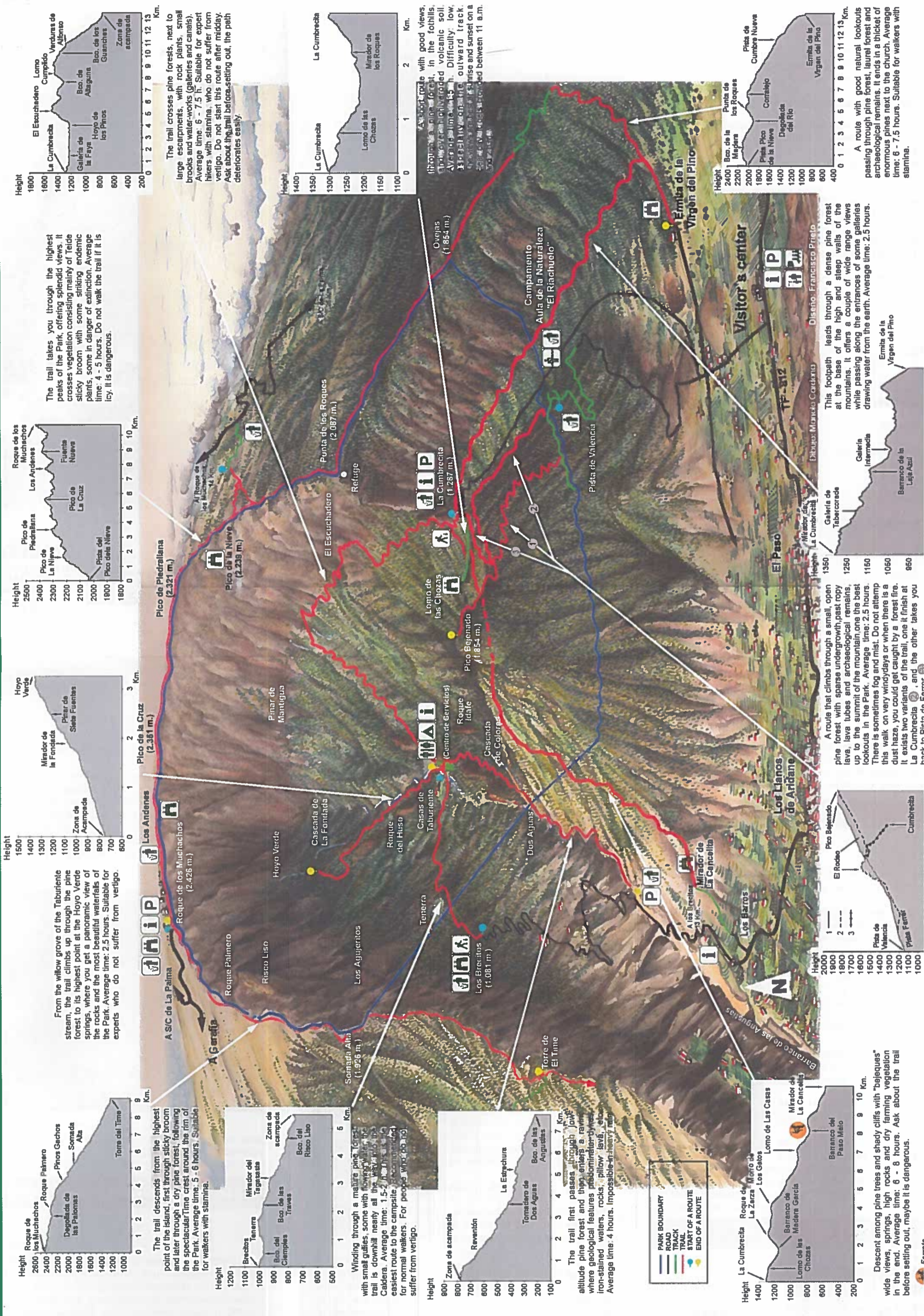


Trails in the Caldera de Taburiente National Park

CALDERA DE TABURIENTE
PARQUE NACIONAL



From the willow grove of the Taburiente stream, the trail climbs up through the pine forest to its highest point at the Hoyo Verde springs, where you get a panoramic view of the rocks and the most beautiful waterfalls of the Park. Average time: 2.5 hours. Suitable for experts who do not suffer from vertigo.

The trail descends from the highest point of the island, first through sticky broom and later through a dry pine forest, following the spectacular Time crest around the rim of the Park. Average time: 5 - 6 hours. Suitable for walkers with stamina.

Winding through a mature pine forest with small guides, some with flowing water, the trail is downhill nearly all the way to the Caldera. Average time: 1.5-2 hours. Suitable for normal walkers. For people who do not suffer from vertigo.

The trail first passes through low altitude pine forest and then enters a ravine where geological features predominate: yellow iron-stained waters, rocks, pillow lavas, etc. Average time: 4 hours. Impossible in heavy rain.

A route that climbs through a small, open pine forest with sparse undergrowth, past rocky lava, lava tubes and archaeological remains, up to the summit of the mountain, one of the best lookouts in the Park. Average time: 2.5 hours. There is sometimes fog and mist. Do not attempt this walk on very windy days or when there is a dust haze, you could get caught by a forest fire. It exists two variants of the trail, one it finish at La Cumbre (2) and the other takes you back to El Paso (3).

This footpath leads through a dense pine forest at the base of the high and steep walls of the mountains. It offers a couple of wide range views while passing along the entrances of some galleries drawing water from the earth. Average time: 2.5 hours.

A route with good natural lookouts passing through pine forest, laurel forest and enormous pines next to the church. Average time: 6 - 7.5 hours. Suitable for walkers with stamina.

The trail takes you through the highest peaks of the Park, offering splendid views. It crosses vegetation consisting mainly of Teide sticky broom with some striking endemic plants, some in danger of extinction. Average time: 4 - 5 hours. Do not walk the trail if it is icy. It is dangerous.

The trail crosses pine forests, next to large escarpments, with rock plants, small brooks and water-works (galleries and canals). Average time: 6 - 7.5 h. Suitable for expert hikers with stamina, who do not suffer from vertigo. Do not start this route after midday. Ask about the trail before setting out, the path deteriorates easily.

An excellent route with good views, through a pine forest, in the foothills, a pine forest on a volcanic soil. Average time: 1.5 h. Difficulty: low. It is a very nice outward track. It is possible to see sunrise and sunset on a very high mountain ridge between 11 a.m. and 1 p.m.

A route with good natural lookouts passing through pine forest, laurel forest and enormous pines next to the church. Average time: 6 - 7.5 hours. Suitable for walkers with stamina.

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